

# Term 4 Physical Education Overview

## The Physical Education program aims to:

- Provide students with opportunities to explore and develop movement skills, understand movement and learn through movement.
- Offer students a quality environment to interact and contribute to a safe and active community being socially involved at different levels and in different groups.
- Support the children to develop sportsmanship, optimism and positive attitude, friendship and team-work.
- Provide opportunities to all students to explore their favorite skills and develop interest in playing sport outside school for long term (eg local sporting clubs).

The Physical Education program provides one lesson a week for each class in Reception – Year 6 and is focused on the following curriculum areas:

- Fundamental movement skills and Active play (including fundamental movement skills, understanding movement, learning through movement and playing/group activities).
- Personal, Social and Community Skills (including group interactions, safe and active life, being part of team and an active community).

### Year 3-4

Term 4 will include a range of activities focused on using and applying the skills developed throughout the year at a higher level of difficulty according to the age. These activities include complex exercises and obstacle courses, team games using rules and strategies and modified games including group combinations.

The activities will reflect the development in curriculum areas practiced during the previous three terms: fundamental movement skills, rhythmic and expressive activities and active play and minor games (including group/team games). Special lessons will be allocated to assess student's achievement in Physical Education according to the requirements of Australian Curriculum.

### Year 4-6

Term 4 will have two key parts. The first 5/6 weeks will be focused on 'net and wall' sports and will conclude with a SEPEP on badminton. The final few weeks of term will be focused on 'target' sports which is the 4th and final sport category. Students will continue to develop their teamwork and communication skills throughout the term.

Have a great term!

## Teachers



Florin Velea



Reception - Year 4



Deana Agalidis



Year 4 - 6

